



2018 OAKLAND COUNTY KEY FINDINGS REPORT

This report summarizes noteworthy findings regarding middle and high school student drug and alcohol use, risks associated with use, and drug and alcohol perceptions from the most recent Michigan Profile for Healthy Youth (MIPHY) survey.

MOST YOUTH

- Make the right decisions about drugs and alcohol.
- Are aware of parents' disapproval of teen drug and alcohol use.
- Do not approve of friends' drug and alcohol use.
- Understand the risks associated with drugs and alcohol.
- Value their school, teachers, and parents.
- Make healthy choices.

MOST

Middle and High School Students are **NOT** Using Drugs & Alcohol

In the past 30 days,

- 99.1% of middle schoolers and 80.4% of high schoolers did NOT use alcohol
- 99.4% of middle schoolers and 88.2% of high schoolers did NOT have 5 or more drinks of alcohol within a couple of hours
- 98.7% of middle schoolers and 83.0% of high schoolers did NOT use marijuana
- 99.4% of middle schoolers and 96.9% of high schoolers did NOT use cigarettes
- 97.0% of middle schoolers and 93.8% of high schoolers did NOT misuse prescription drugs
- 94.2% of middle schoolers and 71.6% of high schoolers did NOT use vaping products

High School Students

Alcohol

More than 8 out of 10 Oakland County high school students did **not** drink alcohol in the past 30 days.



Binge Drinking

Nearly 9 out of 10 Oakland County high school students did **not** have 5 or more drinks of alcohol within a couple of hours in the past 30 days.



Marijuana

Nearly 8.5 out of 10 Oakland County high school students did **not** smoke marijuana in the past 30 days.



Cigarettes

More than 9.5 out of 10 Oakland County high school students did **not** smoke cigarettes in the past 30 days.



Prescription Drugs

Nearly 9.5 out of 10 Oakland County high school students did **not** misuse prescription drugs in the past 30 days.



Vaping

Over 7 out of 10 Oakland County high school students did **not** use Vaping Products in the past 30 days.



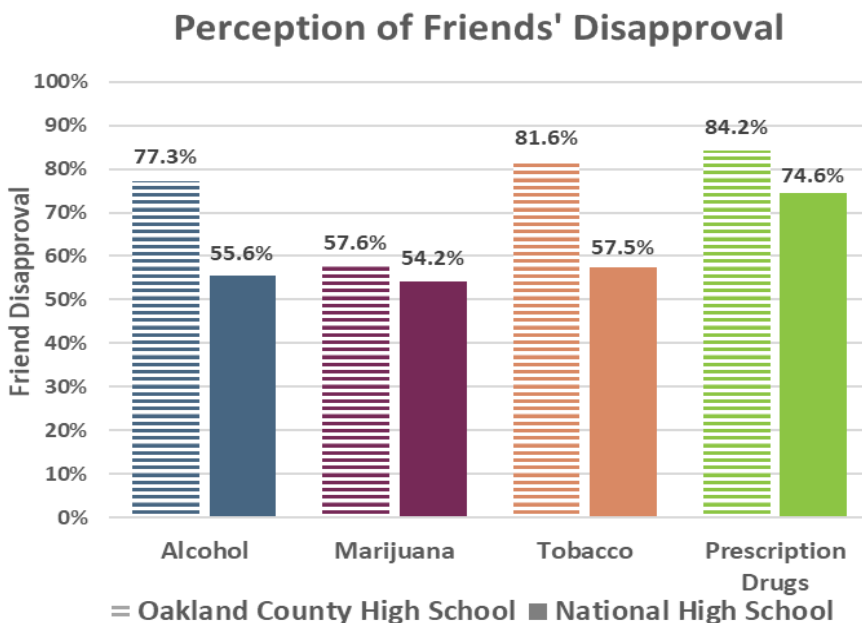
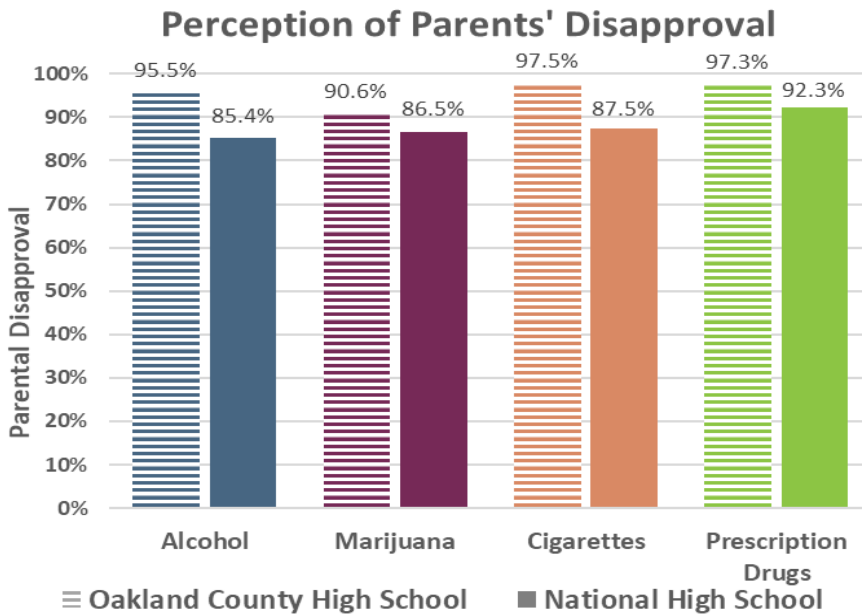
Survey Background

Data was obtained from the 2017-2018 Oakland County MiPHY, a student survey assessing 7th, 9th, and 11th graders' substance use, violence, physical activity, sexual behavior and emotional health. The 2016-2017 PRIDE national survey was one national benchmark used. In some cases, the 2017 Youth Risk Behavior Survey (YRBS) was used as a national comparison and will be noted throughout the document.

Youth Perceptions

Oakland County youth were asked about their friends' and parents' perception of teen drug and alcohol use on a scale from not wrong, a little wrong, wrong, to very wrong. Disapproval is categorized as wrong and very wrong.

Higher perceptions of disapproval often result in lower use of substances, therefore, it is beneficial that Oakland County youth have higher disapproval than national benchmarks.



MOST YOUTH

Think parents and friends disapprove of drug & alcohol use

Oakland County high school youth perceptions of parents' and friends' disapproval are higher than national perceptions

Middle School Students

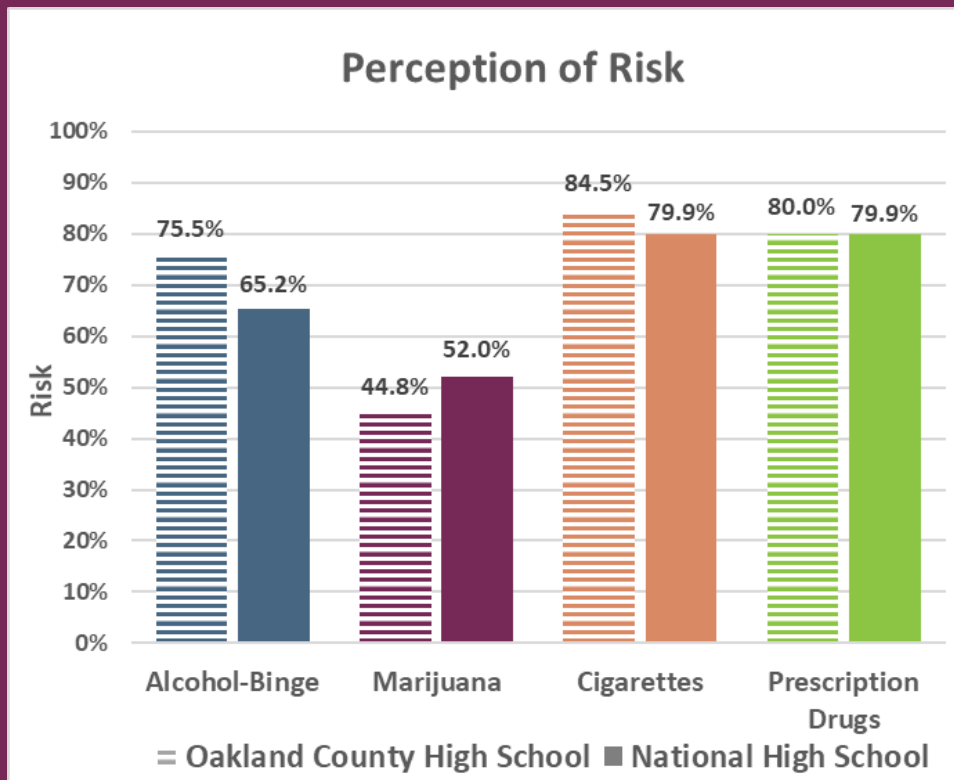
Parent and friend disapproval for 7th grade students was also higher than the national perceptions

Oakland County 7th grade students perceived parents' disapproval of alcohol, marijuana, cigarettes, and prescription drugs at 97.8% or higher, and friends' disapproval at 93.1% or higher.

Perception of Risk

Oakland County youth were asked about their perception of drug and alcohol risk of harm on a scale from no risk, slight risk, moderate risk, to great risk. Risk is categorized as moderate risk and great risk.

Higher perceptions of risk often result in lower use of substances, therefore, it is ideal to have perceptions higher or comparable to national benchmarks.



Oakland County youth perceptions of risk are higher than national perceptions for alcohol, cigarettes, and prescription drugs.

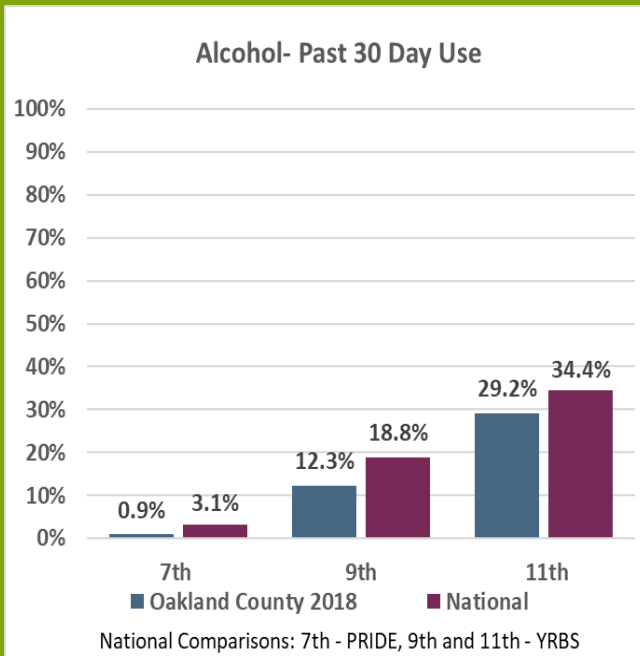
Oakland County youth perceptions of risk are lower than national perceptions for marijuana.

**MOST
YOUTH**

Think the risk associated with alcohol, cigarettes, and prescription drug misuse is of moderate to great risk.

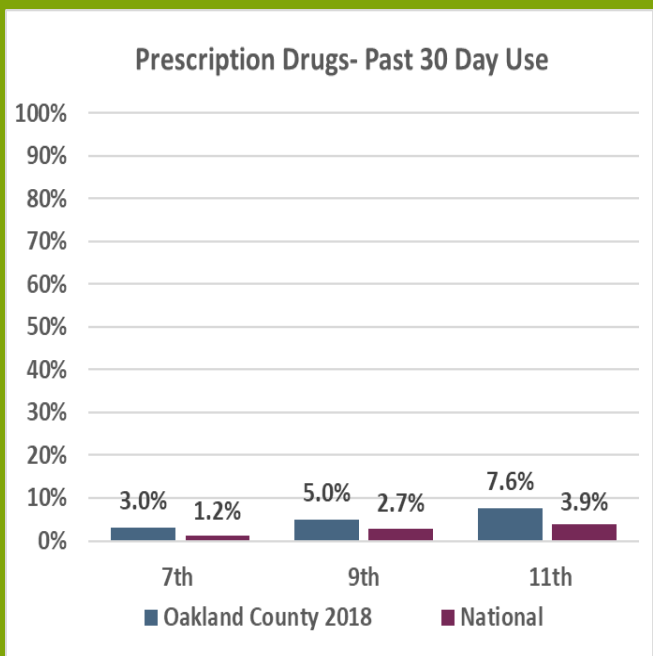
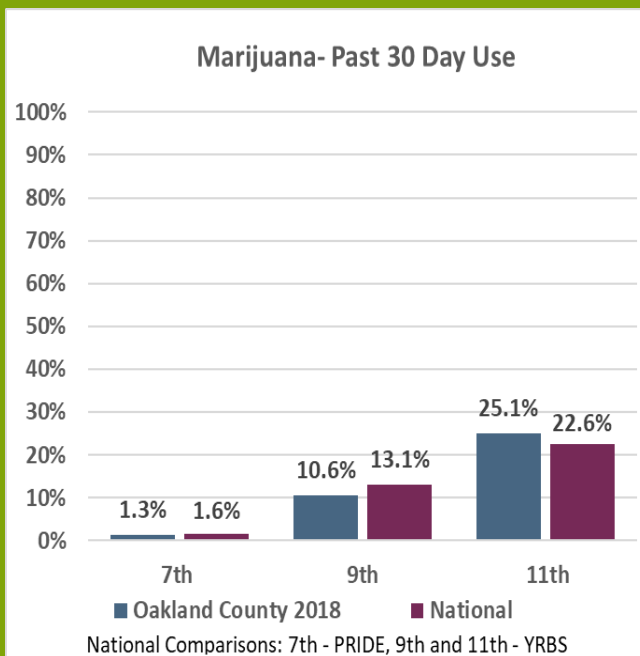
Past 30 Day Use

The graphs below depict past 30 day use of alcohol, marijuana and prescription drugs for 7th, 9th and 11th grade students compared to the national benchmark.



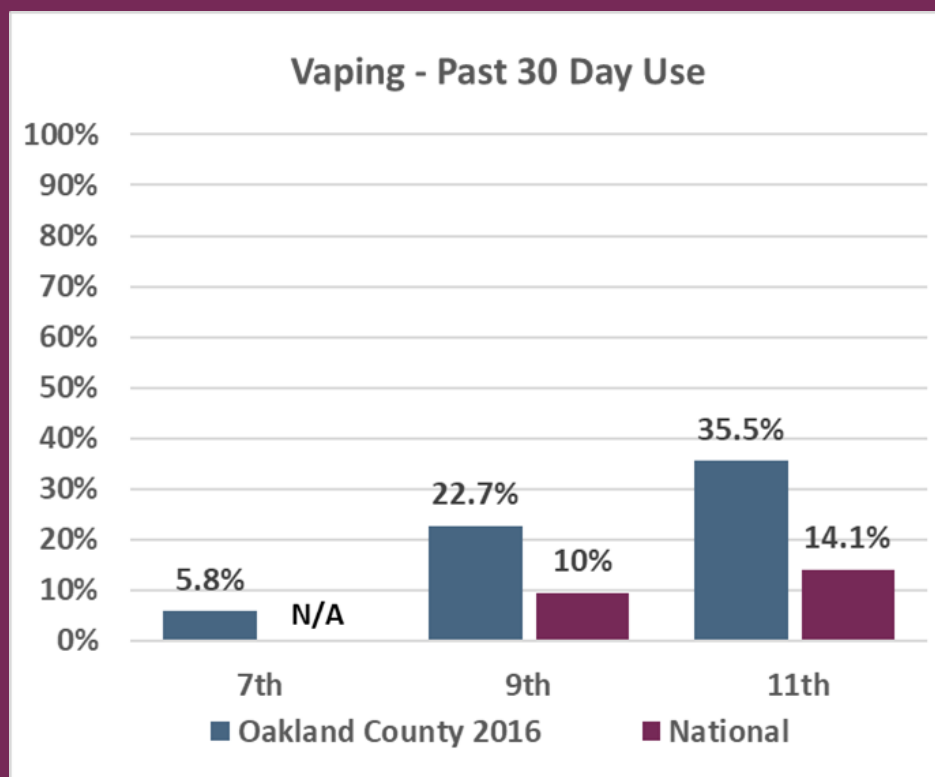
7th, 9th, and 11th Grade Students

- Past 30 day use of alcohol is lower for Oakland county students than the national comparisons.
- Past 30 day use of marijuana is lower for Oakland county 7th and 9th grade students than the national comparisons, but higher for 11th grade students.
- Past 30 day prescription drug use is higher for 7th, 9th, and 11th grade students than the national comparison.



Past 30 Day Use - Vaping

Oakland County youth were asked if they had used an electronic vaping product in the past 30 days.



High School Students

Oakland County has a higher percentage of 9th and 11th grade students who used vaping products in the past 30 days, compared to the national benchmark .

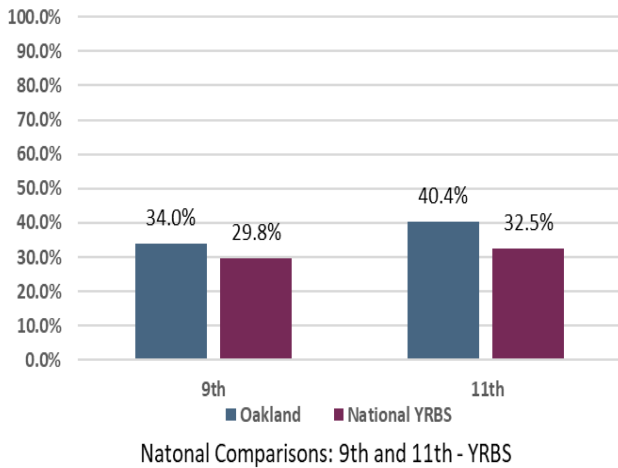
7th Grade Students

5.8% of 7th grade Oakland County students used electronic vaping products in the past 30 days. There is no national benchmark at this time.

Youth Mental Health

Students were asked about their mental health and suicide. Higher levels of depression, anxiety, other mental illnesses are strongly related to thoughts and attempts of suicide. Addressing mental health issues is essential for reducing suicide amongst students.

Percentage of students who felt so sad or hopeless almost every day for two weeks or more

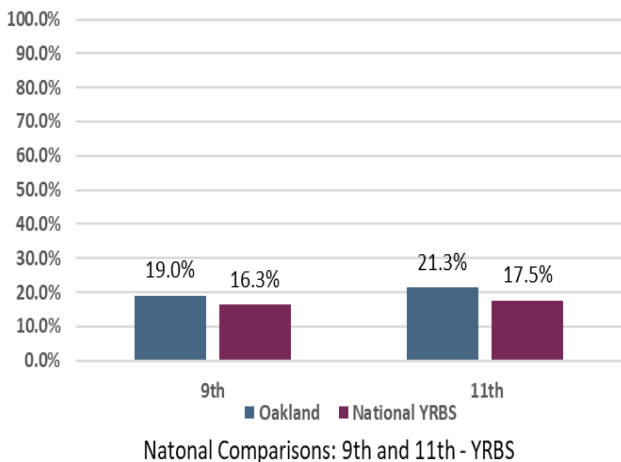


Oakland 9th and 11th grade students are higher than the national average for:

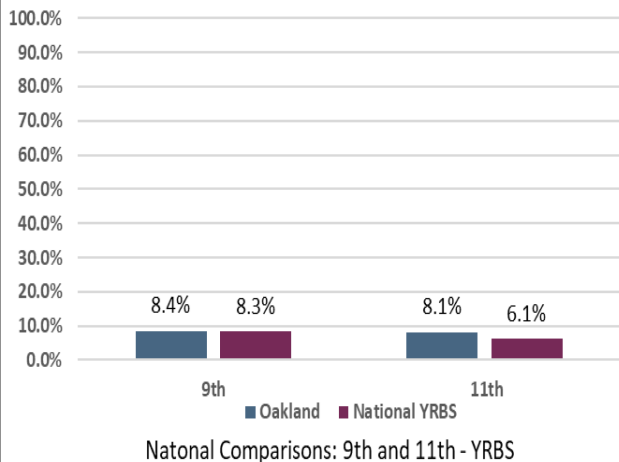
1. Feeling sad or hopeless,
2. Seriously considering or attempting suicide, and
3. Having ever attempted suicide.

Oakland teachers, administrators, counselors and parents need resources that make them aware of the signs and symptoms of depression, suicidal ideation and behaviors, as well as contact information for professionals who can help. Oakland would also benefit from a mental health awareness and anti-stigma campaign.

Percentage of students who ever seriously considered attempting suicide



Percentage of students who ever attempted suicide



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