

AN ALLIANCE OF COALITIONS FOR HEALTHY COMMUNITIES PROGRAM



The **Alliance of Coalitions for Healthy Communities (The Alliance)** is focused on restoring the health and hope of people in recovery and their families, by empowering them with the knowledge, tools and support to understand and address the unique issues related to substance use recovery.

**The Alliance** offers the Resolve program, a 6 module class for people in recovery.

*For next session info call (248) 221-7101.*



**ALLIANCE**  
OF COALITIONS  
for Healthy Communities





## *"Bridging a New Legacy"*

### **ABOUT THE PROGRAM**

Resolve™ is a comprehensive life skills training program developed for individuals in recovery. Based directly on feedback from recovery communities and supported by extensive research, the Alliance developed this essential prevention and recovery program through a dedicated task force.

The purpose of this program is to empower individuals in recovery to move forward in their life skill development targeted specifically to their areas of need, thereby addressing the health and well-being of the whole person.

### **PROGRAM MODULES**

- Physical Healing
- Grief and Loss with Addiction
- Interpersonal Relationships
- Financial Health
- Legal Challenges\*
- Job Readiness and Education Options

Plus Graduation Ceremony



**ALLIANCE**  
OF COALITIONS  
for Healthy Communities

**ACHCMI.org**

### **BENEFITS OF THE RESOLVE PROGRAM**

Resolve is NOT a treatment program but rather a comprehensive life skills program geared and designed to address the next steps an individual will experience after detox/rehab. Resolve will equip individuals with the tools necessary to learn how to "live life on life's terms", face those challenges with a healthy outlook and empower them with the self-confidence that was compromised during their active addiction. The Resolve program can be used in conjunction with Certified Peer Recovery Coaches, outpatient therapy or as a stand alone option for many individuals seeking guidance on how to lead a happy, healthy, successful recovery lifestyle.

For session dates or more info,  
call (248) 221-7101 or email [abogota@achcmi.org](mailto:abogota@achcmi.org)